



ANNUAL REPORT
2019/2020



We would like to acknowledge the Traditional Custodians of the Lands on which we meet and pay our respects to their Elders past, present and emerging. We would like to express our gratitude that we share this land today, and our sorrow for the cost of that sharing. We hope that in the spirit of reconciliation we can move forward to a place of justice, healing and partnerships as we walk gently on this land.

Our vision for reconciliation is a community that has a deep respect for Aboriginal and Torres Strait Islander people and promotes social justice and strong advocacy for Aboriginal and Torres Strait Islander people living with mental illness, their families, carers, and kinship groups. As an organisation, we will continue to support advocacy efforts towards Makarrata, a process of peace and the coming together of two worlds.



Individual & Family

At the centre of this symbol is an individual who are surrounded by their family.

Connections



The connecting lines represent the individuals and their families who are either connected or in need of being connected to One Door Mental Health services.



Respect

Developing and sustaining strong relationships built on trust and respect between the broader Australian community and Aboriginal and Torres Strait Islander peoples. Building a stronger understanding and respect of their culture, rights and experiences.



Services

These symbols represent the statewide services that are provided by One Door Mental Health. Services located in the metro region are represented by the larger symbols and services based in rural areas are represented by the smaller symbol.



Relationships

At the centre of the artwork are the three RAP pillars: Relationships; Respect; and Opportunities.



Opportunities

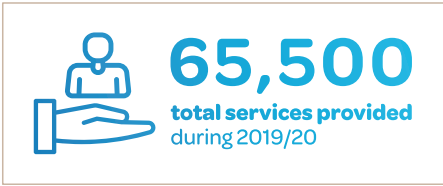
Developing and implementing culturally appropriate, partnership-centered solutions that uphold the unique rights of Aboriginal and Torres Strait Islander peoples helps to create the right environment for Aboriginal and Torres Strait Islander peoples to participate equally.



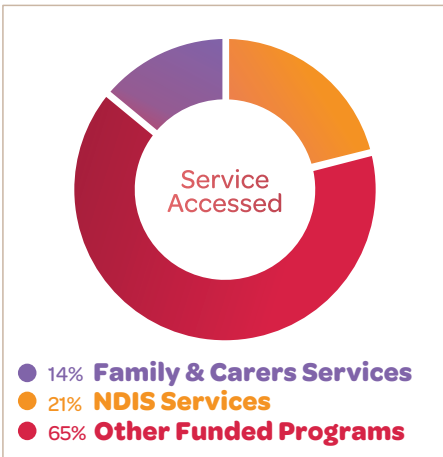
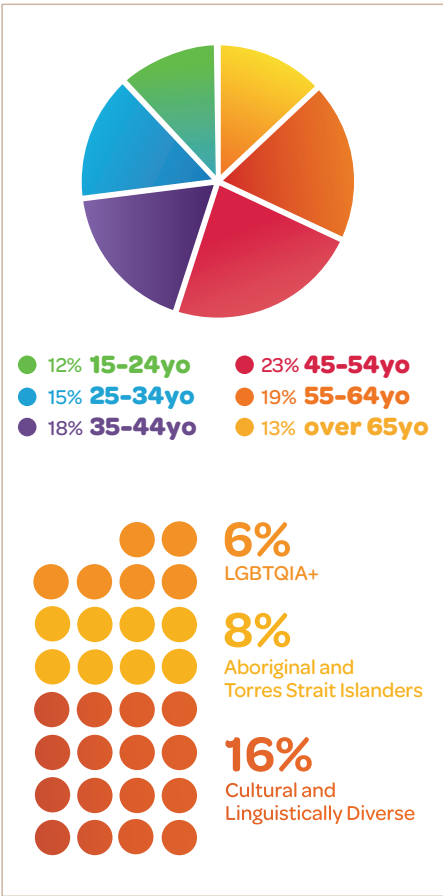
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HOW DO WE HELP?



PEOPLE WE SUPPORT



WHO ARE WE?



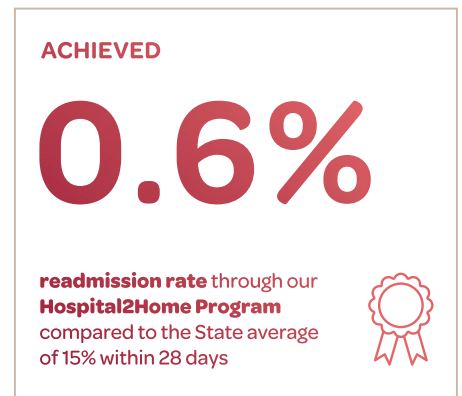
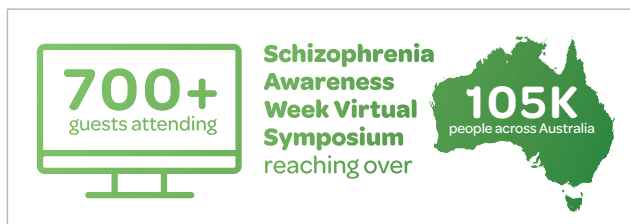
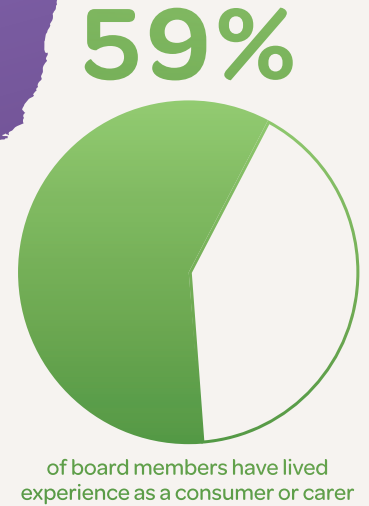
serving people with mental illness and their carers.

214
STAFF MEMBERS

80%
staff have lived experience as a consumer or carer



27
LOCATIONS ACROSS NSW





Our Values

- A**chieving more together

To collaborate with others by sharing ideas and insights to find ways of achieving meaningful change.
- S**ense of belonging

To value each individual, bring trust to every relationship, and behave in ways that promote diversity, inclusion and support.
- P**roceed with purpose

To support, educate and lead our community through a lens of purpose and meaning.
- I**mpact through integrity

To do the right thing – to do what we say we do, be transparent, and act with courage.
- R**e-imagining the possible

To feel energised by discovering new insights, respond with agility, and dare to be different.
- E**mpowering our community

To foster hope in recovery, enable life shaping decisions, and encourage the aspirations of others.



Chair's Report

We are settling into a new rhythm and purpose at One Door. I am happy to say that the period during which we were reacting to the huge challenges that we were facing in the funding and service provision landscape has passed and our organisation is now beginning to create its own future. Over the past few years, the staff of One Door have simplified the way we are organised, made our digital infrastructure fit for the rapidly changing way that we are providing services, and helped break down barriers to communication. This made One Door far more capable of reacting to what has been a very difficult year with the COVID-19 pandemic.

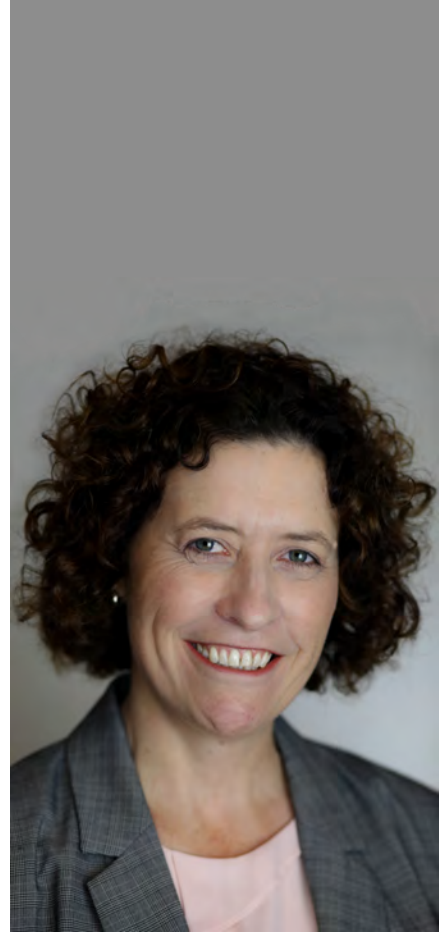
COVID has exacerbated the loneliness and isolation of too many of our people. We often talk of ourselves as a community, and many of our programs are based around community -in the clubhouses, in support groups or the centres that we run. These communities have been massively disrupted by the pandemic and the public health measures brought in to control the spread of the disease. We are now at the stage of reopening and reaching out to our community, bringing them back. I would like to thank our staff for the creative ways they adopted to solve the many practical problems caused by COVID-19 and continuing to provide programs wherever possible.

Looking into the year to come, although smaller we are financially stable and confident in the new ways that we are doing our work which give us greater flexibility. This puts us in a much stronger position to connect to our community and activate it. These changes have occurred because of the hard work and leadership of Kathi Boorman our CEO and I would like to thank her and her team for what they have achieved over the past year.

Finally, I would like to thank my fellow Board members for the effort that they put into their role. In particular, I would like to thank Nick Lunzer, who retired during the year from the Board after being one of our consumer representatives for many years. That job is a very difficult one balancing the demands of our members who are consumers with the issues and concerns of the Board. Nick was able to do this. It remains a privilege to be the Chair of this organisation.

Professor Anthony Harris
Chair

CEO's Report



This is my second report as CEO for a wonderful organisation focused on making the world better for people living with mental illness and their loved ones. This year has been an eventful year – not just for us as an organisation, but for the communities we support. A year where our communities were faced with the tragedy of bushfires and the impact of the COVID-19 pandemic. In amongst these events that are outside our control, we have been reminded at One Door of how important connection and community is, not only for those living with a mental illness and their supporters, but for all of us.

Over 2019/20, One Door launched our three-year Strategic Plan with the clear intention to be a thriving, scalable, people-focused organisation, with a growing influence on practice and policy, while driving change and connection for the people we support and our communities. Aligned with this purpose is our intention to change the way we work within One Door so that our people are given trust and autonomy through self-organising teams. We call this Recovery 2gether. This commenced in July 2019 with our NDIS teams and has been transforming the way we work as an organisation. I have been proud of the way my One Door colleagues have committed to this new way of working, as it impacts the people we support in such a positive way.

It is as clear as it was when I started in mental health 27 years ago that we still have a long way to go to have a mental health system that makes sense and that provides the services that people need. Our consumers and carers continue to tell us that the system is not working and remains fragmented. We are all hoping that the Productivity Commission's report and acceptance from

all levels of Government will provide necessary system reform. One Door is proud to be a member of the Mental Illness Fellowship of Australia, who continue to provide strong leadership and guidance in this space. I would also like to thank the CEOs of Wellways, Mind Australia, NEAMI National, Stride Mental Health, Open Minds, and Flourish for our collaboration in 2019/20 and the opportunity for joint advocacy to keep the conversation going on system reform. I look forward to ongoing collaboration in the years to come.

This report highlights the many and varied achievements and stories for the people we support and our staff. We have been busy to ensure that despite the challenges of the bush fires and COVID-19, our dedicated staff and volunteers have continued to provide great services. Not only have our frontline staff made an impact, but I would also like to congratulate our Support Hub team for all the improvements they made in our corporate operations in 2019/20 to get our organisation to where it is today.

I would like to thank all the people in One Door for their continuous commitment to the people we support. It is clear how passionate they are in their everyday work. My thanks also to the Board of One Door Mental Health for their guidance and support of this great organisation. I know that One Door will go from strength to strength as we move forward with purpose over the next 12 months.

Kathi Boorman
CEO

Strengthen

As we navigated through the uncertainty of COVID-19 and the ever-changing nature of the NDIS, our teams have been quick to adapt how our services are delivered and received. We have worked hard to keep consumers and carers engaged and to develop sustainable service delivery during this time. Our NDIS Workers have maximised resources and created an environment of resilience in maintaining and enhancing consumers' wellbeing with the use of technology. Many of our Support Coordinators are geographically isolated themselves but remained positive and consistent while adapting to a new way of working. Our Carer Advocates also swiftly shifted to delivering supports via videoconferencing, providing individual and group support as well as education for carers on the use of technology to stay connected.

Throughout a time of unpredictable change, One Door staff have provided stability and connection for the people we support. Thanks to generous donations from Lundbeck Australia and from the Lions Club of Chatswood, we were also able to provide

smartphones and mobile phone plans to 47 consumers and carers who did not have access to the necessary technology to stay in touch with us or their loved ones during the pandemic.

One Door has continued the implementation of self-organising teams under our NDIS portfolio. Using this purpose-driven approach helps generate better outcomes by building on the strengths of our consumers, carers, workforce, and the organisation as a whole. Our Recovery 2gether Teams continue to develop, strengthen and embed self-managing processes to ensure we are meeting the standards and regulations outlined by the NDIA, as well as the expectations of our consumers and carers. Our NDIS Coaches have sat alongside our Recovery 2gether Teams as they continue to build their confidence and skills in self-organising - in the same way that our teams sit alongside our consumers, building confidence on their recovery journey. Despite the challenges this year has presented, our teams continue to explore new ways of working and have found a stronger sense of our values and purpose.



“

I feel strengthened by being able to turn up at Pioneer Clubhouse and know there is something I can get on with as soon as I get there. I can see others who have similar afflictions and it strengthens me to see them coping with their mental illness and I think if they can face it, so can I!

”

One Door's peer workforce also continues to grow across five important support programs: Hospital to Home (H2H), Primary Integrated Care Supports (PICS), Connector in Western Sydney, Connector Hub in South Western Sydney, and Western Sydney Recovery College. Our highly skilled peer workers and peer educators bring their lived experience, compassion and personal insights of recovery to their roles; successfully supporting over 2,000 consumers in the past year. We are dedicated to prioritising the wellbeing and development of our peer workforce through our Learning Circles initiative, where our peer workers meet once a month to share their practice experience and reflect on their role and their strengths. The focus of the Learning Circles is collaborative learning in a constructive, structured way supported by the facilitator.

CAREER
HIGHLIGHT

Nerissa

My name is Nerissa and I'm a carer for my wife, who lives with Schizoaffective disorder and PTSD.

When we first met, I had a very limited understanding of mental health. She told me about her diagnosis and as a friend then I felt quite helpless. I asked her questions and allowed her to explain things to me. Eight weeks into our relationship, she had a severe motorbike accident. In a couple of seconds, our lives changed forever. Since then she's had multiple surgeries and treatments, which culminated in a below-knee amputation. Understandably, this took a toll on her pre-existing mental health.

Living with someone with a severe mental health condition is complex and as a carer you go through a range of mixed emotions. Over the years, I've felt scared, helpless, angry, frustrated, guilty and often very alone. But with that also comes deep empathy, care, concern and immense love for my wife. I want to help make things better. I thought if we followed the medication and the treatment plan; if I

knew all of her triggers, then I could potentially prevent a relapse. When she got unwell, I felt terrible because I'd done everything right but it still happened. Over the years, I've realised that this is out of my control. I have learned to step back and allow it to run its course. Going through a few of those cycles has allowed me to build resilience; to know that even when things get really tough, that she will turn a corner and we will come through. This realisation has allowed us to grow through these experiences and take learnings from each one into the next.

When my wife goes through a period of being severely unwell, she doesn't remember a lot of what's happened, but the trauma for me is still real. Battling those emotions can often be extremely challenging. Initially, I thought therapy was just her thing, but I've realised how important it is for me to be heard; for me to be able to share my concerns and feel

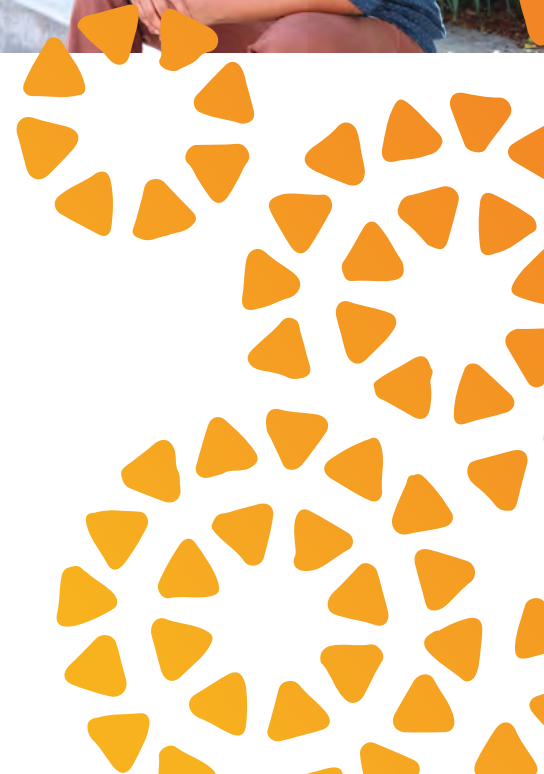


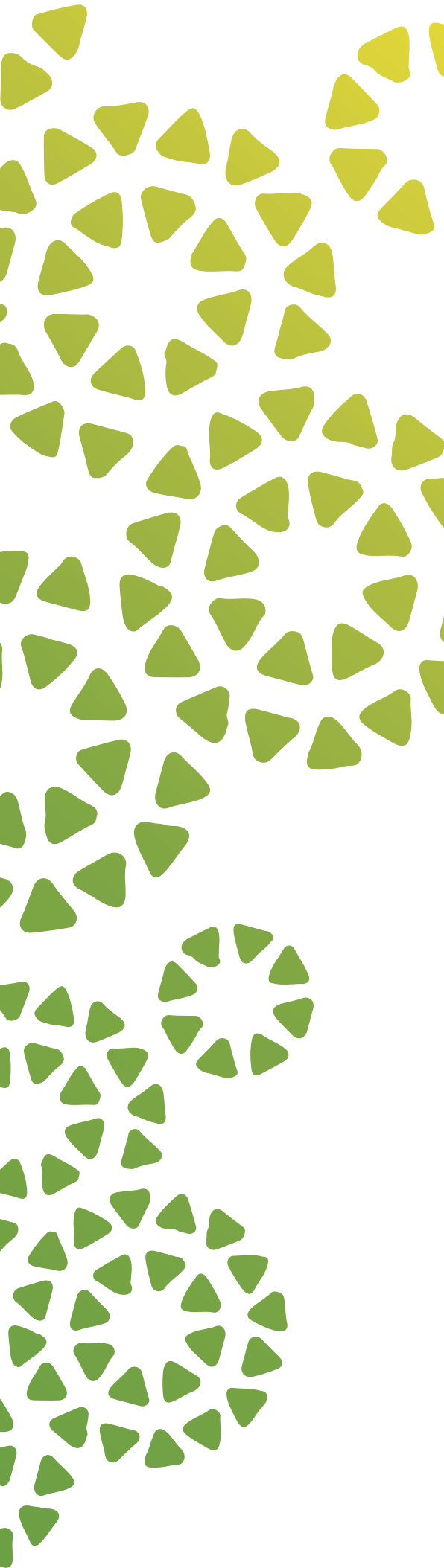
supported. Self-care is crucial. It's really important that we as carers feel comfortable to ask for help and support, so we feel better enabled and equipped, to care for our loved ones.

Receiving support from One Door's Carer Program has made a big difference. Having a dedicated Carer Advocate that I can easily talk to has really helped me navigate some complex hospital situations, even during this pandemic. Attending the Carer Education Sessions has really opened my mind to the various mental health conditions and given me different strategies to better respond to my wife's needs. And participating in Support Groups has allowed me to feel connected to other carers going through similar journeys as me. We were able to share and leverage off each other's experience and ideas to better care for our loved ones.

I now feel so well supported, that I can be better equipped to help my wife. This has given us the realisation, that when we move from the 'I' to the 'We', when we ask and reach out for help and support, it allows us to shift the focus from Illness to Wellness. And I am now truly in a place of acceptance. So, I want share with you five key things that have really helped me in growing through my carer journey:

- 1. Know your limits** – our experiences can be different to those we care for
- 2. Ask for help** – it takes courage to do so, but it makes all the difference
- 3. Build a support network** – you don't have to do it on your own
- 4. Open and honest communication** – is the key to building trust with your loved one
- 5. Focus on the Wellness** – make good memories to get you through the rough times





Collaborate

Building collaborative and partnership-based relationships with our consumers, carers, other service providers, and the wider community continues to be a core focus for One Door Mental Health.

One Door's headspace Campbelltown team continues to lead collaborative partnerships and community engagement in the South Western Sydney area. Recently, headspace Campbelltown partnered with Sarah Redfern High School to run a capacity building session for all students in Years 7-10 as part of R U OK? Day. The sessions were interactive and designed to encourage young people to start conversations with each other about their mental health. 'Rocktober' was another great collaboration with Gregory Hills Rotary, Waratah Records, Upstairs at Freds, and headspace Campbelltown to host a month-long band competition that

aimed to raise awareness and reduce the stigma associated with mental illness. The event featured some terrific local bands that used their platforms to open a space to talk about mental health and wellbeing. Members of our headspace Campbelltown team have also joined the Pasifika community in the 'Hope Walk', to remember loved ones who have died by suicide and, most importantly, to end the silence on this important topic.

One Door Health Care continues to grow their NDIS services through new relationships in the Walgett community. Our Health Care team was approached due to difficulty in securing consistent and high-quality clinical services for NDIS participants in this region. While this is a new collaboration, we are learning a lot about the needs of small and remote communities, in particular working



alongside Aboriginal communities to support Aboriginal health and wellbeing. You in Mind, a psychosocial treatment program funded by SWSPHN and delivered by One Door Health Care, has now grown to a group of 60 clinicians in the South Western Sydney area. This team has supported over 800 consumers between 2019-2020, working closely with a number of cultural and spiritual community leaders and organisations. One Door is extremely proud to offer a highly valued service to individuals in their native languages and from safe and familiar environments. Our Primary Integrated Care Supports (PICS) team also continues to partner with trusted community organisations to make it easier for consumers to access appropriate supports, including 3 Bridges Hurstville, The Village Medical Practice Summer Hill, Newtown Traders Co-working Space,

Lebanese Muslim Association, and Redlink - FACS Housing and Health partnership in Redfern and Waterloo public housing.

Critical to One Door's vision and strategic plan is building a common purpose and connecting our 51 support groups and sub-committees in order to empower our communities. This year, our Bankstown Beautiful Minds group has won several grants and raised a significant amount of funds to aid the renovations at Banks House (a Mental Health Unit at Bankstown Hospital). The Beautiful Minds team continues to support and build strong relationships with staff, consumers and carers from Banks House, providing regular yoga and art therapy classes for inpatients. This kind of collaboration is a great reminder of what we can achieve together for our local communities.

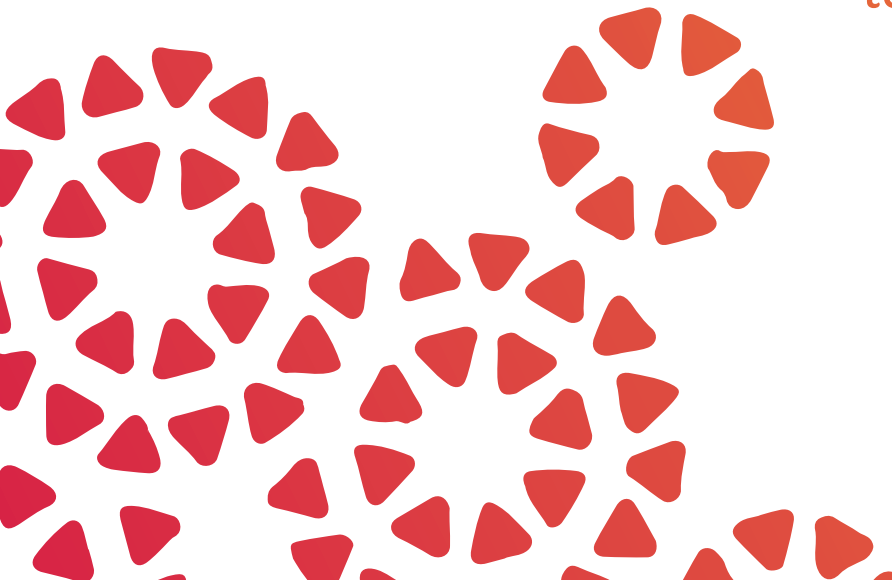


Yvonne

CONSUMER
HIGHLIGHT



My name is Yvonne and I wanted to share how I've managed to take back control of my life.





I started coming to the One Door Mental Health's Illawarra Clubhouse over ten years ago. I joined their clubhouse after spending a couple of years in Shellharbour Mental Health Rehab due to a breakdown, which left me unable to communicate with others including my family and friends. At the rehab, they would hold my hand and try to chat with me, but I still wasn't able to have a conversation or respond - I was what they call mute.

Once I left the rehab, I focused my attention on myself and my recovery. The key supports I found most effective during my journey were and continue to be my family, self-care and the skills, friendships and hobbies I discovered through Illawarra Clubhouse.

My brother Steven and daughter Kate have been a big help to me through many hard times. I take care of myself by drinking lots of water, cooking, eating well, taking my medications and practising breathing and relaxation exercises. I also love writing poetry and keep a journal that I update regularly.

At the Clubhouse, I have made close friendships that continue today. I also met some kind people who have introduced me to new hobbies. I enjoy card making and I am learning things on the computer. I also like chatting with the staff and other members, playing board games and friendly games of pool and ping pong. The Clubhouse is really social and supportive like that. I must say the main benefits of the Clubhouse are the connections and relationships I have made there. Everyone has been an inspiring and intriguing part of my life. They have got great workers and I really respect and have a lot of time for everyone there.

To tell you the truth, the best decision I've ever made was to come to Illawarra Clubhouse. In the early stages of my recovery, I was just trying to find my way and didn't get that close to people. Over time, with the Clubhouse's support, I've gotten a lot better. I've finally come out of my shell and I am now able to talk to everyone.





Thrive



As always, 2019-2020 has been a year of strong advocacy from the One Door community. The focus of much of our advocacy efforts has been on the Productivity Commission Inquiry into Mental Health and the Royal Commission into Violence, Abuse, Neglect and Exploitation of People with Disability; namely on the use of restrictive practices. One Door's Policy Officer, Dr Richard Schweizer, continues to use his lived experience to advocate on these areas of weakness in the mental health system and areas where things need to be improved. Dr Schweizer also produced a short research report this year, "The Case for Mental Health Reform" that brought together research into the benefits of treating mental health seriously, including the significant return-on-investment of money directed towards mental health in Australia.

The people we support talk to us about gaps in the system that have continued since the introduction of the National Disability Insurance Scheme (NDIS).

There are significant numbers of people unable to access the psychosocial support they need. Alongside other organisations, our call to Government is to ensure that there are adequate block-funded services in the system to support those with severe and complex mental illness outside of the NDIS. We have seen some of these services roll out through Primary Health Networks, but we are still greatly aware of the fragmented service system. One Door has joined a collaboration with other mental health organisations (NEAMI National, Open Minds, Wellways, Stride Mental Health and Flourish) to ensure that our collective message is heard to Government. This partnership strengthens our ability to advocate on behalf of those we support into the future.

Since the launch of One Door's second officially endorsed Reconciliation Action Plan (RAP) in 2019, our RAP Working Group has been working hard on operationalising the actions set out in the plan.



To date the Working Group have actioned 48% of the plan, with an additional 40% currently in progress. The remaining actions are due to commence in 2020/21. As an organisation, One Door's ongoing vision for reconciliation is a community that has a deep respect for Aboriginal and Torres Strait Islander people, including those living with mental illness, their families, carers, and kinship groups. We will continue to support authentic advocacy efforts towards Makarrata, a process of peace and the coming together of two worlds, as we seek to increase our connection with Aboriginal and Torres Strait Islander communities.

This year, our annual mental health symposium went ahead virtually to ensure that we continued our important advocacy work during a time when people living with mental illness, their families and carers needed support the most. 'Stay Connected' was the theme for this year's event and we were so pleased to see a total of 708 people connect across 20

workshops throughout the week. The virtual event was welcomed by those living in regional and rural areas who normally could not attend. This year's digital approach also allowed us to collaborate and promote Schizophrenia Awareness Week (SAW) to a wider audience. This approach strengthened partnerships, promoted a unified voice during this important week, and connected consumers, carers and peer organisations across Australia. A big thank you to the Mental Illness Fellowship of Australia (MIFA), Bridges Health & Community Care, Mental Illness Fellowship WA, Mental Health Foundation ACT, Caring Fairly, and SANE Australia for your contribution to the success of this year's symposium. One Door continues to aspire to positively influence the mental health sector through innovation in service delivery, our impact on policy, and by sharing expertise to join-up policy and practice with lived experience of mental illness.



Jayke

Manager, Western Sydney Recovery College

I have been with One Door Mental Health for a year and a half now, well almost. I am the manager of Western Sydney Recovery College which provides free education on mental illness and mental wellbeing for those living and working in Western Sydney. I speak with authenticity when I say that working at One Door Mental Health is a privilege. One of the things I have truly appreciated about working here is that the values of the organisation are lived, not just words on a page. We are all perfectly fallible human beings, I had a boss who would say, "If I haven't made a mistake by 11am, then I am just not trying". Our humanity and individualism are celebrated at One Door, self-organised teams are a testament to that. What works best for your team to achieve the outcomes of your service is heard and acted on, we focus on the individual and truly value lived experience, expertise and knowledge.

One of my personal values is integrity and being my best self, bringing my best work, but recognising my own limitations, and opportunities to grow and learn.

My team and I know each other well and we recognise our own skill set and areas for growth. My limitations include my attention to detail, and my team and I regularly laugh at my scattered nature. When it might be an issue, we are comfortable to acknowledge it and I am open to be better or try new things to manage me. Who I am is valued, not just the idea of who I am.

Outside of my work with One Door I work with Domestic Violence NSW as a victims advocate and share my experience of domestic violence. I speak with the media, magistrates, police, at conferences etc. about how domestic violence impacted my mental health and I work to effect change in the Australian understanding and response to domestic violence. As a person with lived experience, I bring this into my work and drive to be community led and to respond to need quickly and creatively. I am passionate about sharing the knowledge I have, to show others that resilience, recovery and indeed thriving is possible.

STAFF
HIGHLIGHT



SCHIZOPHRENIA FELLOWSHIP OF NSW LTD

Financial Report for the year ended 30 June 2020
ABN 58 903 786 913



SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES LTD
ABN 58 903 786 913

DIRECTORS' REPORT

Your directors present this report on the company for the financial year ended 30th June 2020.

Company

Schizophrenia Fellowship of New South Wales Ltd is a company limited by guarantee, incorporated under the *Corporations Act 2001*, and registered as a charity with the *Australian Charities and Not-for-Profits Commission (ACNC)*. The company was incorporated on the 8th February 2017 and changed status from an incorporated association to a company limited by guarantee.

Directors

The names of each person who has been a director during the year and to the date of this report are:

Anthony Harris
 Robert Goldie
 Peter Ferguson
 Nicholas Lunzer (resigned 11th February 2020)
 Sonja Schweizer
 Raj Mendes
 Jennifer Smith
 Bernadette Mullin (appointed 18th December 2019)
 Natalie Healey (appointed 18th December 2019 and resigned 13th May 2020)
 Annette Ruhotas Morgan (appointed 8th September 2020)
 Angela Louise MacMillan (appointed 8th September 2020)
 Auswell Chia (appointed 1st October 2020)

Principal Activities

The principal activity of the company during the financial year was to provide care and services for people living with mental illness and their families through the provision of innovative services and advocacy support.

Meetings of Directors

During the financial year, 6 meetings of directors were held. Attendances by each director were as follows:

Directors' Meetings		
	Number eligible to attend	Number attended
Anthony Harris	6	5
Robert Goldie	6	5
Peter Ferguson	6	4
Nicholas Lunzer	3	1
Sonja Schweizer	6	5
Raj Mendes	6	5
Jennifer Smith	6	5
Bernadette Mullin	4	4
Natalie Healey	3	3

The company is incorporated under the *Corporations Act 2001* and is a company limited by guarantee. If the company is wound up, the constitution states that each member is required to contribute a maximum of \$1.00 each towards meeting any outstanding obligations of the company. At 30th June 2020, the total amount that members of the company are liable to contribute if the company is wound up is \$368.00.



**SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES LTD
ABN 58 903 786 913**

DIRECTORS' REPORT

Auditor's Independence Declaration

The lead auditor's independence declaration for the year ended 30th June 2020 has been received and can be found on page 27 of the financial report.

This directors' report is signed in accordance with a resolution of the Board of Directors.

Anthony Harris

Chairman

Dated this the 8 day of Oct 2020.

Building 36, Digby Road, Old Gladesville Hospital
Gladesville NSW 2111



SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES LTD
ABN 58 903 786 913

STATEMENT OF COMPREHENSIVE INCOME FOR THE YEAR ENDED 30 JUNE 2020

	2020	2019
	\$	\$
Revenue	27,970,472	30,201,767
Employee benefit expenses	(16,842,558)	(17,203,903)
Depreciation, amortisation & impairment expenses	(334,201)	(188,407)
Operating lease expenses	(713,962)	(213,414)
Publication costs	(4,927)	(5,737)
Seminars, training and development	(206,443)	(134,982)
Other expenses from ordinary operations	(9,185,350)	(11,817,674)
Finance costs	—	—
Income tax expense	—	—
Profit/(loss) after income tax	<u>683,031</u>	<u>637,650</u>

The accompanying notes form part of these financial statements.

SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES LTD
ABN 58 903 786 913

The accompanying notes form part of these financial statements.

STATEMENT OF FINANCIAL POSITION FOR THE YEAR ENDED 30 JUNE 2020

	Note	2020	2019
		\$	\$
CURRENT ASSETS			
Cash and cash equivalents	3a	5,873,104	4,366,741
Cash assets under management	3b	3,326,250	5,383,736
Trade and other receivables	4	1,059,016	2,037,601
Other current assets	5	489,818	455,974
Right of Use Assets	13	623,381	—
TOTAL CURRENT ASSETS		11,371,569	12,244,052
NON-CURRENT ASSETS			
Investment in Ostara Limited	7	—	1
Property, plant & equipment	6	366,086	471,476
Right of Use Assets	13	737,350	—
TOTAL NON-CURRENT ASSETS		1,103,436	471,477
TOTAL ASSETS		12,475,005	12,715,529
CURRENT LIABILITIES			
Trade and other payables	8	1,777,832	1,977,962
Amount owing to Research Trust Fund		664,370	454,268
Amount owing to Sunflower Foundation Trust		591,436	595,946
Amount owing to other trust funds		184,998	191,077
Employee benefit provisions	9	1,292,834	1,027,901
Unspent grant funds & other funds	10	2,145,068	4,732,953
Lease Obligations	13	623,381	—
TOTAL CURRENT LIABILITIES		7,279,919	8,980,107
NON-CURRENT LIABILITIES			
Employee benefit provisions	9	868,702	829,418
Lease Obligations	13	737,350	—
TOTAL NON-CURRENT LIABILITIES		1,606,052	829,418
TOTAL LIABILITIES		8,885,971	9,809,525
NET ASSETS		3,589,034	2,906,004
EQUITY			
Retained earnings and reserves	11	3,589,034	2,906,004
TOTAL EQUITY		3,589,034	2,906,004

The accompanying notes form part of these financial statements.



SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES LTD
ABN 58 903 786 913

STATEMENT OF CHANGES IN EQUITY FOR THE YEAR ENDED 30 JUNE 2020

	Retained Earnings	General Reserves	Total
	\$	\$	\$
Balance at 1st July 2018	1,453,949	1,016,294	2,470,243
(Loss) for the year	637,650	—	637,650
Transfer (from): -			
Employee contingency reserve	—	(201,890)	(201,890)
Balance at 30th June 2019	2,091,599	814,404	2,906,003
Profit for the year	683,031	—	683,031
Transfer (from): -			
Employee contingency reserve	—	—	—
Balance at 30th June 2020	2,774,630	814,404	3,589,034

The accompanying notes form part of these financial statements.

SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES LTD
ABN 58 903 786 913

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 30 JUNE 2020

	Notes	2020	2019
		\$	\$
CASH FLOWS FROM OPERATING ACTIVITIES			
Payments			
Suppliers and employees		(20,740,275)	(24,801,703)
Receipts			
Interest received		69,658	209,751
Memberships		215	463
Donations		97,187	115,110
Bequeaths		49,298	51,208
Sponsorship		64,300	67,400
Grant recovery activities and other income		505,827	287,738
Receipts from appropriation/grants: -			
- Recurrent (government)		16,238,600	22,309,241
- National Disability Insurance Scheme		3,927,329	4,168,446
Net cash provided by/(used) in operating activities	12	212,139	2,407,654
CASH FLOWS FROM INVESTING ACTIVITIES			
Transfer - cash assets under management (net)		2,057,486	(163,973)
Purchase of property, plant and equipment		(248,813)	(234,421)
Disposal of operating assets			24,490
Advances from related parties		199,513	(30,971)
Net cash provided by/(used) in investing activities		2,008,186	(404,875)
CASH FLOWS FROM FINANCING ACTIVITIES			
Operating Lease Payments		(713,962)	—
Net cash (used) in financing activities		(713,962)	—
Net increase/(decrease) in cash held		1,506,363	2,002,779
Cash and cash equivalents at beginning of financial year		4,366,741	2,363,962
Cash and cash equivalents at end of financial year	3a	5,873,104	4,366,741

The accompanying notes form part of these financial statements.



AUDITOR'S INDEPENDENCE DECLARATION
UNDER AUSTRALIAN CHARITIES AND NOT FOR PROFITS COMMISSION ACT 2012
SECTION 60-40 TO THE BOARD OF
SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES LTD.

As lead auditor for the audit of Schizophrenia Fellowship of New South Wales Ltd (A.B.N. 58 903 786 913) for the year ended 30th June 2020, I declare that, to the best of my knowledge and belief, there have been:

- (a) no contraventions of the auditor independence requirements of the *Corporations Act 2001* in relation to the audit; and
- (b) no contraventions of any applicable code of professional conduct in relation to the audit.

This declaration is in respect of Schizophrenia Fellowship of New South Wales Ltd and any entities it controlled during the period.

MITCHELL & PARTNERS
Chartered Accountants

A handwritten signature in black ink that reads "Glenn Merchant".

Glenn Merchant CA
Partner

Sydney, NSW
Dated this the 9th day of October 2020.

ABN: 62 606 570 742

All mail to: G.P.O. Box 5460 Sydney NSW 2001 Australia

Suite 3, Level 2 | 66 Clarence Street Sydney | NSW 2000 Australia | TELEPHONE: 02 9392 8686 | FACSIMILE: 02 9299 8195 | EMAIL: reception@mitchellpartners.com.au



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INDEPENDENT AUDITOR'S REPORT
TO THE MEMBERS OF SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH
WALES LTD
A.B.N. 58 903 786 913

Report on the Financial Report

Opinion

We have audited the accompanying financial report, being a general purpose financial report, of Schizophrenia Fellowship of New South Wales Ltd, which comprises the statement of comprehensive income, statement of financial position as at 30th June 2020, statement of changes in equity, detailed income and expenditure statement, statement of cash flows for the year ended 30th June 2020, notes comprising a summary of significant policies and other explanatory information, and the directors declaration.

In our opinion, the financial report of Schizophrenia Fellowship of New South Wales Ltd has been prepared in accordance with Division 60 of the *Australian Charities and Not-for-Profits Commission Act 2012*, including:

- giving a true and fair view of the financial position of Schizophrenia Fellowship of New South Wales Ltd as at 30th June 2020, and of its financial performance for the year then ended, and
- complying with Australian Accounting Standards to the extent described in Note 1 and Division 60 of the *Australian Charities and Not-for-Profits Commission Regulation 2013*.

Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Report* section of our report. We are independent of the registered entity in accordance with the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110: Code of Ethics for Professional Accountants (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

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Director's Responsibility for the Financial Report

The Directors are responsible for the preparation of the financial report that gives a true and fair view and have determined that the basis of preparation described in Note 1 to the financial statements is appropriate to meet the requirements of the *Australian Charities and Not-for-Profits Commission Act 2012* (ACNC Act) and is appropriate to meet the needs of the trustees. The directors' responsibility also includes designing, implementing and maintaining internal controls as they determine is necessary to enable the preparation of a financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error; selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances.

In preparing the financial report, the directors are responsible for assessing the company's ability to continue as a going concern, disclosing, as applicable, matters relating to going concern and using the going concern basis of accounting unless the directors either intend to liquidate the company or to cease operations, or have no realistic alternative but to do so.

Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individual or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

As part of an audit in accordance with the Australian Auditing Standards, we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures in response to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the directors.
- Conclude on the appropriateness of the director's use of the going concern basis of accounting, and based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the entity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the company entity to cease to continue as a going concern.

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- Evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a matter that achieves fair presentation.

We communicate with the directors regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Name of Firm: **MITCHELL & PARTNERS**
Chartered Accountants

Name of Partner: *Glenn Merchant*

Glenn Merchant CA

Address: Suite 3, Level 2, 66 Clarence Street, SYDNEY NSW 2000

Dated this the 9th day of October 2020.

ABN: 62 606 570 742

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**SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES LTD
ABN 58 903 786 913**

**COMPILATION REPORT TO MEMBERS OF SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES
LTD**

We have compiled the accompanying general purpose financial statements of Schizophrenia Fellowship of NSW Ltd which comprise the attached income and expenditure statement for the year ended 30th June 2020. The specific purpose for which the general purpose financial statements have been prepared is to provide financial information to the Board of Directors.

The Responsibility of the Directors

The directors are solely responsible for the information contained in the general purpose financial statements and has determined that the basis of accounting adopted is appropriate to meet the needs of the directors for the purpose of complying with the company's constitution.

Our Responsibility

On the basis of information provided by the directors we have compiled the accompanying general purpose financial statements in accordance with the basis of accounting and APES 315: Compilation of Financial Information.

Our procedures use accounting expertise to collect, classify and summarise the financial information, which the directors provided, in compiling the financial statements. Our procedures do not include verification or validation procedures. No audit or review has been performed and accordingly no assurance is expressed.

The general purpose financial statements were compiled exclusively for the benefit of the directors. We do not accept responsibility to any other person for the contents of the general purpose financial statements.

VLL Partners
Chartered Accountants


Jan Lech
Partner

Dated this the 8 day of October 2020.

Suite 1, Level 1
170 Pacific Highway
Greenwich NSW 2065





The Old Gladesville Hospital
Building 36, Digby Rd, Gladesville NSW 2111

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One Door Mental Health is supported by the Commonwealth Department of Social Services,
Commonwealth Department of Health and NSW Department of Health